

| Title of Walk | Walk description | Day of Week | Date | Start time | Estimated time | Walk distance | Walk start location |
|---|---|--------------------|-------------|-------------------|-----------------------|----------------------|---|
| Make your Mark Art Walk at The Red House | Join the professional artist, Kasia Posen, as you take in the inspiring landscape surrounding the former home of Benjamin Britten and Pears in Aldeburgh. Using found natural materials and inks, enjoy mark-making and sketching what you see, hear and experience along the way. No experience necessary. | Saturday | 18-May | 10am | 2.5 hours | 2 | The Red House, Golf Lane, Aldeburgh IP15 5PZ |
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| A Guided Walk Around Clare | A guided walk around Clare with commentary on the heritage at key points. Highlights include Clare Castle and Country Park, Market Hill, Parish Church, Common, Clare Priory, listed buildings and the Ancient House Museum (entry included) | Saturday | 18-May | 10.30am | 2 hours | 3 | Clare Castle Country Car Park, Malting Lane, Clare CO10 8NW |
| Two Rivers Walk | The walks starts in the Village Hall Car Park, and then goes through Golden Wood, up to St Mary's Church and War Graves, then along the River Orwell and into Shotley Marina. We then go along part of the River Stour, returning back to the Village Hall Car Park. | Saturday | 18-May | 11.00am | 3 hours | 5 | Shotley Village Hall Car Park, IP9 1LX |
| A Guided Walk Around Clare Castle Country Park | This walk will visit all areas of the Park, and Clare Priory which adjoins it. The Park contains the remains of Clare Castle (a Scheduled Ancient Monument), listed railway buildings dating from 1865, the second oldest iron bridge in Suffolk, a 'Railway Walk', the medieval 'New Cut' of the River Stour and many natural features in its 35 acres. The Walk ends at the Platform One Cafe (drink and snack included). | Sunday | 19-May | 9.30am | 2 hours | 4 | Clare Castle Country Car Park, Malting Lane, Clare CO10 8NW |

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| Maritime Adventure | Ipswich has been a river port since the 7th Century. On this walk we will meet the Anglo-Saxon founder of the town, discover why Ipswich was so wealthy in medieval and Tudor times, visit the Victorian Dock, find out about our industrial past and discover the modern marina! | Sunday | 19-May | 10.30am | 2 hours | 3 | Tourist Information Centre, St Stephen's Lane, Ipswich IP1 1DP |
| Put a spring in your step, Newbourne Springs and beyond | A family walk in Newbourne Springs, one of Suffolk Wildlife Trust's small but beautiful reserves. A small wooded valley with a spring fed stream, marsh and fen area. Join us for some exploring activities along the way. There's a chance you might find some fossils! | Sunday | 19-May | 10.30am | 2 hours | 1 | Newbourne Springs Nature Reserve, Woodbridge Lane, Newbourne Ipswich IP12 4NY |
| Learn to Nordic Walk Taster Session | Walkers will be given a 1 hour taster session on Nordic Walking. There will be a short talk about Nordic Walking and how it all began followed by the adjustment of the poles. We will then proceed to learn some basics of Nordic Walking. Poles will be supplied. | Sunday | 19-May | 3pm | 1 hour | 2 | Kingston Playing Fields, Jetty Lane, Woodridge IP12 4BA |
| Framlingham - Parham Wood | From the castle, we will head out west along the Earl Soham Lane to join the circular footpath route around the town, created in memory of Ella Brownsord, a keen walker and former Framlingham resident. Walking in an anti-clockwise direction, we will skirt around Parham Wood, before heading north towards New Rew Road and the Castle Walk. | Monday | 20-May | 2pm | 3 hours | 6 | Opposite the Castle Inn, Castle Street, Framlingham IP13 9BP |
| The Old Haverhill Railway Track Walk | The walk is kept flat as much as we can usually heading off on the old railway tracks behind the Leisure Centre. Car parking available at the Leisure Centre at a cost of £1.00 and is refundable at the Leisure Centre Reception. Opportunity for a small tea/coffee afterwards at the Leisure Centre at a small cost. | Monday | 20-May | 2.00pm | 40 mins to 1 hour | 2 | Haverhill Leisure Centre Reception, Ehringshausen Way, Haverhill CB9 0ER |

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| Walk with a Ranger | An internationally important coastal nature reserve, with a fascinating 20th-century military history, you will have exclusive access to do a unique walk with the Ranger, to explore the wildlife, history and management of Orford Ness! Walking will be over tarmac and concrete roads with some shingle walking to the beach. There are no refreshments or cafe on the reserve. | Tuesday | 21-May | 9.30am | 3 hours | 5 | Orford Quay, Quay Street, Orford Woodbridge IP12 2NU |
| The Arthur Ransome Walking Trail, Pin Mill to Shotley | This walk along the banks of the River Orwell on the Shotley Peninsula follows the route of the boat 'The Goblin' sailed by the children in the Arthur Ransome novel 'We didn't mean to go to Sea'. | Tuesday | 21-May | 11.00am | 3 hours | 6 | Outside the Butt and Oyster Public House, Pin Mill Road, Pin Mill, Chelmondiston, Ipswich IP9 1JW |
| Wildlife of Oulton Marshes | A chance to explore Oulton Marshes nature reserve with the reserve warden and learn about the birds, mammals and wildflowers you can find there. Learn about the exciting habitat creation work taking place at Carlton and Oulton Marshes as part of the heritage lottery funded project to create a 1000-acre nature reserve in the Suffolk Broads | Wednesday | 22-May | 10am | 2-3 hours | 3 | Suffolk Wildlife Trust Car Park, Church Lane, Oulton Broad NR32 3JP |
| Constable Country Churches | This is a circular walk between two villages well known to the artist John Constable. Admire the views he would have known and see a unique picture painted by him. | Wednesday | 22-May | 10am | 3.25 hours | 4 | Recreation Ground, School Street, Stoke by Nayland CO6 4QU |
| Hadleigh Past and Present | Hadleigh is an ancient market town. We are one fo the significant Wool Towns that prospered from the Woollen Cloth Trade during the 15th to 17th Century. Amongst the fine buildings are the Guildhall, St Mary's Church and Deanery Tower that create a unique setting. | Wednesday | 22-May | 11am | 1.5 hours | 2 | Hadleigh Bus Station, Magdalen Road, Hadleigh IP7 5EF |

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| Murder - Airfield and Fortune | A 19th Century Murder. The story of a WWII airbase and one of the richest men in England, which all happened in Acton. Find out the stories on this walk which also takes in the beautiful countryside around the village. | Thursday | 23-May | 10.30am | 3 hours | 3 | Acton Village Hall, Sudbury Road, Acton CO10 0AT |
| Historic Easton | A leisurely walk around the historic village of Easton with stops to hear about the history of the people and buildings, and to see old photos. Learn about the influential families that helped to shape British history - the Wingfields, the Rochfords and the Hamiltons. | Thursday | 23-May | 2pm | 2 hours | 2 | Easton Village Hall, The Street, Easton IP13 0EF |
| Walking With Trees | Discover the origins and mythology of nature's elder statesman. Trees are universal symbols found in many traditions and can be as ancient and majestic as the historic buildings we have. Artists and writers have been inspired by trees and woodland. | Thursday | 23-May | 2pm | 1.5 hours | 2 | Hadleigh Bus Station, Magdalen Road, Hadleigh IP7 5EF |
| Myth and Magic at Sutton Hoo | Discover the myths and magic the Anglo Saxons believed the landscape held on a sunset tour of the Royal Burial Ground. Make sure you bring your camera to capture the stunning sun setting over Woodbridge and the River Deben. | Thursday | 23-May | 7pm | 1.5 hours | 2 | Meet in the car park at the National Trust Sutton Hoo, Woodbridge IP12 3DJ |
| Culford, Wordwell and West Stow Circular Walk | A circular walk in varied landscape, passing Churches, a Saxon Village, beautiful lakes and walking through the grounds of Culford School. For the second half of the walk we will be using much of the lovely Lark Valley Path and St Edmunds Way. Lunch Stop will be at West Stow Country Park. | Friday | 24-May | 10am | 5.5 hours | 10 | Culford Village Hall, Culford IP28 6DN |
| Orwell to Alderman - A Journey through Time and Space | Just a short distance from the town centre Alderman canal and the Orwell River walk offers an amazing insight into Ipswich's past. Join (James Baker) and Jon Tyler to encounter alien invaders, learn about the mystery of the ice-age river Saracens, sample a wild herb tisane, spot egrets, jellyfish and even (if we are lucky) seal! Ipswich will never seem the same again. | Friday | 24-May | 10.30am | 2 hours | 3 | Stoke Bridge, Bridge Street, Ipswich IP1 1XH |

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| Felixstowe Marshes and Deben River Wall | A 7.5 mile walk from Felixstowe Grove around the marshes, along Kings Fleet and part of the Deben River Wall, returning from Felixstowe Ferry along the Tomline Road and Ferry Road. | Friday | 24-May | 10.45am | 4 hours | 8 | The Grove Car Park, Grove Road, Felixstowe IP11 9GA |
| Brandeston Health Walk | A walk over farming country in the hinterland of the Deben Valley. Mainly over footpaths and minor roads. Likely to see Buzzards, returning migrants and some wild flowers. | Friday | 24-May | 11am | 1.5 hours | 3 | The Queen, Low Lane, Brandeston Woodbridge IP13 7AD |
| A Fresh Look at Lavenham | Join your Blue Badge Guide for a relaxing stroll around Lavenham, home to more than 300 Listed buildings. Lavenham was the 14th richest town in Tudor England manufacturing its own exclusive blue cloth. Explore the village with your guide. Wealthy cloth merchants, nobility, skilled artisans, pioneers of the New World, artists and poets have all made their mark in what is today often described as Britain's best preserved medieval town. | Friday | 24-May | 11.30am | 1.5 hours | 1 | Public Car Park next to the Cock Horse Inn, B1071, Church Street, Lavenham CO10 9SA |
| Westleton Heath Nightjar Walk | This is an evening walk that follows the heath paths. As the sun sets behind Westleton village we reach the place where the Nightjars establish their territories and announce their presence by their eerie 'churring'. The walk then returns to the car park. | Friday | 24-May | 08.30pm | 2 hours | 1.5 | Westleton Heath car park. IP17 3DB Grid Ref; TM459696 |
| Nowton Park Circular Walk to Great Whelnetham | A delightful circular walk that includes a brief stop at a local Artisan Bakery for a mid-morning treat. We will use the well-loved St Edmunds Way to Great Whelnetham and enjoy some lovely views along the way. | Saturday | 25-May | 10am | 5 hours | 11 | Nowton Park, Bury St Edmunds IP9 5LU |
| The Short Long Lane Walk with views of Clare | Led by Clare Walkers are Welcome group, this is a circular walk from Clare Castle Country Park and is approximately 2.5 miles in length. The walk will be run as a 'Health Walk, and offers some special views of Clare and straddles the county border with Essex crossing the River Stour twice. There is a half way stop for refreshments (not included) at Clare Golf Club. | Saturday | 25-May | 10am | 2 hours | 2.5 | Clare Castle Country Car Park, Malting Lane, Clare CO10 8NW |

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| Darsham Marshes and beyond | From Suffolk Wildlife Trust's Darsham Marshes Nature Reserve to the Middleton Bell public house and back. Guided walk with Trust Reserve Warden Sam Hanks and inaugural use of a new route towards Middleton from the Reserve. David Watson, local farmer, will be joining the group to pass on his knowledge about the farming and history of the valley. | Saturday | 25-May | 11am | 3 hours | 3 | Darsham Marshes Nature Reserve, Westleton Road, Darsham IP17 3BS |
| Ipswich Maritime Trail and Sail | Join Topsail's historian for a one hour guided walk around the Ipswich Docks area followed by a river cruise to Pin Mill and back on board sailing barge Thistle, built 1895. Learn about the history of the Thames barges and their role in Ipswich. | Saturday | 25-May | 12.30pm | 4 hours (including 1 hour walk) | 2 | Sailing Barge "Thistle", The Old Custom House, Key Street, Ipswich IP4 1BY |
| Twin Peaks | Discover two of the high points of Ipswich in a walk which will take you from the upper slopes of Christchurch Park down to the historic Waterfront and up to the other side of the valley to Holywells Park. On the way discover some of the fascinating history of this ancient town. | Saturday | 25-May | 1.30pm | 2.5 hours | 3 | Christchurch Park, Westerfield Road Entrance, Westerfield Road, Ipswich IP4 2UJ |
| Family Nature Ramble | A gentle ramble around the nature reserve looking for signs of nature. | Saturday | 25-May | 2pm | 2 hours | 1 | Education Centre, Carlton Marshes Nature Reserve, Burnt Hill Lane, Lowestoft NR33 8HU |
| Learn to Nordic Walk Taster Session | Walkers will be given a 1 hour taster session on Nordic Walking. There will be a short talk about Nordic Walking and how it all began followed by the adjustment of the poles. We will then proceed to learn some basics of Nordic Walking. Poles will be supplied. | Saturday | 25-May | 3pm | 1 hour | 2 | Kingston Playing Fields, Jetty Lane, Woodridge IP12 4BA |

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| Suffolk Icons - The Middy | We are delighted to have Suffolk based, professional photographer Phil Morley delivering photography workshops capturing the beauty of Suffolk. "The Middy" will capture the working heart of the Mid-Suffolk Light Railway with exclusive access to many areas of the railway and working sheds. This is sure to be a very popular event, so do book early. | Sunday | 26-May | 10am | 3 hours | 1 | Mid-Suffolk Light Railway, Brockford Station, Hall Lane, Wetheringsett, Stowmarket. IP14 5PW |
| Walk n'Water Sudbury & Cornard Riverside | Join the River Stour Trust for a short boat trip from Sudbury to Great Cornard followed by a guided 1-2 mile walk back to Sudbury for a free tea/coffee at the Granary Tea Room. | Sunday | 26-May | 10am | 1 hour | 2 | The Granary, Quay Lane, Sudbury CO10 2AN |
| Lives of the Sutton Hoo Landscape | Take the lesser trodden path from the Royal Burial Ground at Sutton Hoo down to Ferry Cliff which nestles on the River Deben, an Area of Outstanding Natural Beauty. Your Guide will uncover some special birds and wildlife which live in this special place. | Sunday | 26-May | 10am | 2 hours | 3 | Meet in front of the ship (past Reception), National Trust Sutton Hoo, Woodbridge IP12 3DJ |